

Craig Linn Ames

Senior Counsel, Abel Bean Law

Craig is a licensed attorney in the States of Florida and Illinois. He was awarded his Juris Doctor degree from DePaul University and holds a Bachelor of Science degree in biology from Loyola University, Chicago. He earned his Associate in Risk Management and Associate in General Insurance from the American Institute for Chartered Property Casualty Underwriters.

He spent a 30 year career as director of risk management for a Fortune 50 international healthcare company. He is experienced in labor relations, contract negotiations, unfair labor practices, representation hearings, arbitration, employment practices, risk management and insurance. His executive and legal responsibilities included all risk management functions, safety programs, OSHA investigations and hearings.

In Jacksonville, his practice concentrates on acting as general counsel for small and medium sized businesses. He advocates for seniors and the elderly who have legal issues in family law, guardianship, estates, trusts, long term care and insurance. He represents disabled persons before federal and state agencies. He is an accredited attorney representative for claimants who have cases filed with the Social Security Administration and the Department of Veterans Affairs. He is admitted to various federal district and appellate Courts as well as the Supreme Court of the United States.



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About Craig Linn Ames

With over 50 years of experience, Craig provides skilled counsel to clients on matters that include contract negotiation, general business advice, proactive legal strategies, labor relations, employment practices, risk management and insurance.

Areas of Focus

- General Counsel
- Labor Relations
- Contract Negotiations
- Unfair Labor Practices
- Estate Planning and Litigation
- Real Estate Leases

Education

- Loyola University, BS
- DePaul University, JD
- American Institute for Chartered Property Casualty Underwriters, Associate In Risk Management and Associate in General Insurance

Career & Community Highlights

- Director of Risk Management for a Fortune 50 International Healthcare Company
- AMA National Employee Benefits & Insurance Council
- President and Director of International Risk & Insurance Management Society, Chicago Chapter
- Assistant Director of Business Services for UC, Santa Barbara
- Teaches Philosophy-based courses at University of North Florida, Division of Continuing Education
- Served as a sergeant in the United States Marine Corp